

Your important health information

Length of stay on the postnatal ward

You may choose to go home after 6 hours following the birth of your baby if you are both well. Please discuss with your midwife your planned discharge date and time.

Public patients (who have a current Medicare card)		
	Normal length of stay after a vaginal birth	Normal length of stay after a caesarean birth
Day 1	Day of birth	Day of caesarean
Day 2	Rest day	Rest day
Day 3	Home	Rest day
Day 4	<i>Not applicable</i>	Home

Private patients (make sure your health insurance covers your hospital stay)		
	Normal length of stay after a vaginal birth	Normal length of stay after a caesarean birth
Day 1	Day of birth	Day of caesarean
Day 2	Rest day	Rest day
Day 3	Rest day	Rest day
Day 4	Home	Rest day
Day 5	<i>Not applicable</i>	Home

Going home (discharge)

- Discharge time from the postnatal ward is 10am.
- Please arrange for your partner/family to be at the hospital by 9am so you are organised to leave by 10am.
- Before discharge your baby car seat needs to be fitted by an approved fitter. The hospital cannot assist with the fitting of infant care restraints.

Further Information

If you have any questions regarding this information, please contact:

Your antenatal care provider

Parent Education Department

Phone: 03 8458 4152

Midwifery staff on Level 5 during your postnatal stay

Your Private Obstetrician

Acknowledgements

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