

# 1 Day Leadership Seminar



mercy  
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# Chasing Horizons

Rediscovering your best life in Healthcare



**Dr Dinesh Palipana OAM**

Doctor, Lawyer, Disability Advocate, Researcher

*"Unexpected Horizons"*



**Hon Ged Kearney MP**

Nurse, Nurse Educator, Assistant Minister for Health and Aged Care

*Opening Address*



**Prof Margie Danchin**

Paediatrician, Vaccine Trials Lead

*"Your Facts, My Science: Good Health Communication"*



**A/Prof Rhea Liang**

General and Breast Surgeon

*"Great Teams: Building culture, managing conflict"*



**Deb Bourne**

Nurse, Chief Operating Officer

*"How to Successfully Engage with your Executive"*

Northern Health



**Dr Mariam Tokhi**

GP Refugee Health

**Dr Fiona O'Reilly**

Paediatric Emergency Physician

*"Listening and Learning: Empathy in healthcare"*



**Laura Bignell**

Chief Midwifery and Nursing Officer

*"Career Ages and Stages: Navigating the work-life juggle"*



Sat 26th October 2024



8:30 - 17:30



Melbourne Brain Centre, The University of Melbourne  
30 Royal Parade, Parkville VIC 3052

OR Online



General admission: \$245 | Trainees/Nurses/Midwives: \$145  
All online tickets: \$45

[www.mercyperinatal.com/event/chasing-horizons](http://www.mercyperinatal.com/event/chasing-horizons)

... AND MORE!



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Rediscovering your Best Life in Healthcare

Saturday 26th October 2024

### Welcome and Introduction

8:30 – 8:35 **Prof Sue Walker AO and Prof Marie Bismark** (Co-Convenors)  
Acknowledgment of Country

### Session 1: Unexpected Horizons: Finding Your Way

#### Opening address

8:35 – 8:50 **The Hon Ged Kearney MP** (Assistant Minister for Health and Aged Care, Assistant Minister for Indigenous Health, Nurse and Nurse Educator)

#### Keynote address: Unexpected Horizons

8:50 – 9:35 **Dr Dinesh Palipana OAM** (Emergency Doctor, Lawyer, Disability Advocate, Researcher, Griffith University)

#### What Blocks the View and How can we Improve it? Managing imposter syndrome, failure & EQ for Dummies

9:35 – 10:00 **Prof Sue Walker AO** (Co-Director, Mercy Perinatal)

10:00 – 10:25 Morning tea

### Session 2: Today's Horizon: Making your Current Job your Best Job

#### Staying Sane in Healthcare: Self care, advocacy, workplace wellness, burnout.

10:30 – 10:55 **An Amazing Presenter!** (Details coming soon)

#### Tell Me your Story: Hearing, listening, humanity and empathy in healthcare

10:55 – 11:20 **Dr Mariam Tokhi** (Medical Doctor in Refugee Health) and **Dr Fiona Reilly** (Paediatric Emergency Physician, RCH)

#### Making good teams great: Diversity, inclusion, psychological safety, culture and conflict management

11:20 – 11:45 **A/Prof Rhea Liang** (General and Breast Surgeon and Clinical Sub Dean, Bond University)

#### Panel - 'The Young Ones'

11:45 – 12:20 Finding horizons and leading in the everyday

12:20 – 13:10 Lunch

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### Session 3: Tomorrow's Horizon: Making Change

- 13:30 - 13:55 **Engaging with your Executive: Google translate exec speak and managing up**  
**Ms Debra Bourne** (*Chief Operating Officer, Northern Health*)
- 13:55 - 14:20 **Hiring well, from the Ad to Interview: How not to hire an intelligent, articulate psychopath**  
**Another Amazing Speaker!** (*Details coming soon*)
- 14:20 - 14:45 **Your facts, my science: How to communicate effectively in the media, social media and in the face of 'I've done my own research'**  
**Prof Margie Danchin** (*Paediatrician, Group Leader Vaccine Uptake, Murdoch Children's Research Institute*)
- 14:45 - 15:20 **Panel - The Change Leaders**  
*Changing ways of thinking and doing*
- 15:20 - 15:45 **Afternoon tea**

### Session 4: Shifting Horizons: Making a Move

- 15:55 - 16:20 **Career Ages and Stages: Life, work, family, research, leadership... there's a season for everything**  
**Ms Laura Bignell** (*Chief Midwifery and Nursing Officer, RWH*)
- 16:20 - 16:45 **Should I Stay or Should I Go? Making the decision, getting yourself hired.**  
**Prof Marie Bismark** (*Public health physician and health lawyer, UoM*)
- 16:45 - 17:20 **Panel - The Getting of Wisdom**  
*Choosing your own adventure in healthcare, advice from your favourite leaders*
- 17:20 **Close and Drinks**

Visit the link below for more information

[www.mercyperinatal.com/event/chasing-horizons](http://www.mercyperinatal.com/event/chasing-horizons)